



Munster GAA

Club Child Development Programme

Building a Strong Future for your Club



Increase Participation • Improve Standards
Improve Recruiting Players and Coaches
Developing the Club/Schools Link
Improve Club Child Development Structures
Practical Development • Investing in our Future



Introduction

Reasons behind the Programme

The idea for the initiative came about as a result of the phenomenal growth of activity amongst the 5-10 year old age group over the last number of years in the province. With the surge of new activity there has been an increasing demand for guidelines and advice on how to set up, promote and operate these development programmes. This Programme is a direct response to that demand.

Developing a strong club child programme is an important component of our overall juvenile development structure. It is essential that we provide the appropriate resources and training procedures to support the best possible child development programme in clubs to encourage a lifelong involvement with the GAA.

A positive experience in the formative years of a child will lead to this engagement and also provide parents with the incentive to actively participate and help grow our most important asset - the volunteer base, which is the bedrock of our association

The Munster Club Child Development Programme compliments the "Fun Do" resource which was launched a number of years ago and we believe this training and development program will be an essential tool in supporting our volunteers in the field.

Who will Deliver the Programme

'Initially two clubs from each division (administered by a GDA) will enter the programme. In total 60 clubs will participate in year 1. The number entering will progressively increase in years 2 and 3 until eventually by the end of year 4 (2014) it is hoped to have visited and completed the programme in all of the clubs in the province'



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The following club people should be invited to attend the program Underage Coaches, Juvenile Club Officers, Team Mentors and Interested Parents. Club representative to act as secretary for visits to ensure all information is recorded.

Visit 1 (2 hrs in duration)

- Rational behind the Development Programme.
- The overall objective of the Development Programme.
- The importance of Strong Club Child Development Programmes.
- Develop support structures.
- Short workshop to review structures.
- Overall principles of club child development.
- Review the club coaching audit.
- Examine the Club/School link.
- Develop club Rules & Code of Behaviour.
- Examine the "Fun Do" resource.
- Outline the Programme and agree on a time line

Visit 2 (2 hrs in duration)

- Review previous session.
- Outline existing Coaching and Games Development Structures.
- Motivate the coaches.
- The make up the Club Child Development Programme - Part Workshop
- Child management.
- Practical session performed by the GDA .
- Planning for the future.

Visit 3 (2 hrs in duration)

- Review previous session.
- Practical coaching session preformed by club coaches.
- Club planning.
- Deciding and developing your Club Child Coaching Programme
- Care of players
- First Aid policy in place.

- Inclusion policy in place.
- Agree what extra support is required.

Visit 4

- Child Foundation Award Coaching Course.

Visit 5

- Club na nÓg programme.

Visit 6

- GDA along with club officers to assess progress to date.
- Provide support.
- Practical session if required.

Visit 7

- Further assessment.
- Visits from Inter-County and/or Club players.
- Practical demonstration.
- Provide extra coaching material.

Visit 8

- Develop confidence and provide support.
- Provide sample coaching session planners.

Visit 9 - Final Visit (2hrs in Duration)

- Managing the Club Child Development Coaches.
- Develop a games plan for the club.
- Develop a coaching plan for the club.
- Short workshop to identify future targets.
- Club reporting policy in place.
- Final overall assessment.

Timeline

- September** A club audit identifying the clubs current position to be returned to the County Games Manager.
- October** County Games Manager with the Divisional GDA to assess/review club audit.
- November** The launch of the initiative and a promotional brochure to be printed to outline the initiative for all participants.
- November** Following a recommendation from the County Games Manager, the County Coaching and Games Committee to identify 2 suitable clubs in the agreed areas/divisions.
- Nov & Dec** Two training days for GDAs in the delivery of the programme.
- January** A meeting for all selected clubs with the County Coaching and Games Committee along with representatives from the County Development Committee, Co. Board, Co. Games Manager and the GDAs to be arranged in a central location to outline the programme.
- January** The Divisional GDA will do preparatory work.
- February** The Munster Club Child Development Programme will begin.

