

TURFADH

Cork GAA Health & Wellbeing would like to welcome you to our Health & Wellbeing Conference at Pairc Uí Chaoimh on Saturday March 4th (See details below).
RSVP to chair.hwc.cork@gaa.ie on or before Sunday February 26th 2023.

Eoghan O'Connor Chairperson Cork HWC



Cork GAA Health & Wellbeing Conference Saturday March 4th 2023

Schedule 10.00am: Welcome:

Eoghan O'Connor (Cork H&W)
Janas Harrington (National H&W)

10.15am: The Healthy Club Journey

Blarney & the Community, St Finbarr's 10 Year Club,
Bandon & Leadership

10.45am: Bystander Intervention Programme

Professor Louise Crowley UCC & Bishopstown

11.30am : Sos & Caife

12.00pm: GAA for ALL

Sinéad Crowley (National GAA Sport for All
Committee), Middleton (The Magpies) All Stars, Alan
Craughwell (Director Mixed Ability Sports Ireland),
Munster Wheelchair Hurling Coach

12.40pm: Clare Shine

"Scoring Goals in the Dark"

1:30pm: Be Kind to Your Mind

Cork GAA Mental Health Initiative

1:45pm: Closing

Marc Ó Síocháin Cathaoirleach
CLG Coiste Chontae Chorcaí

For further information or to book your place visit:

www.gaacork.ie

Tickets Free. Registration Required



*Health is at the heart
of every club*

